

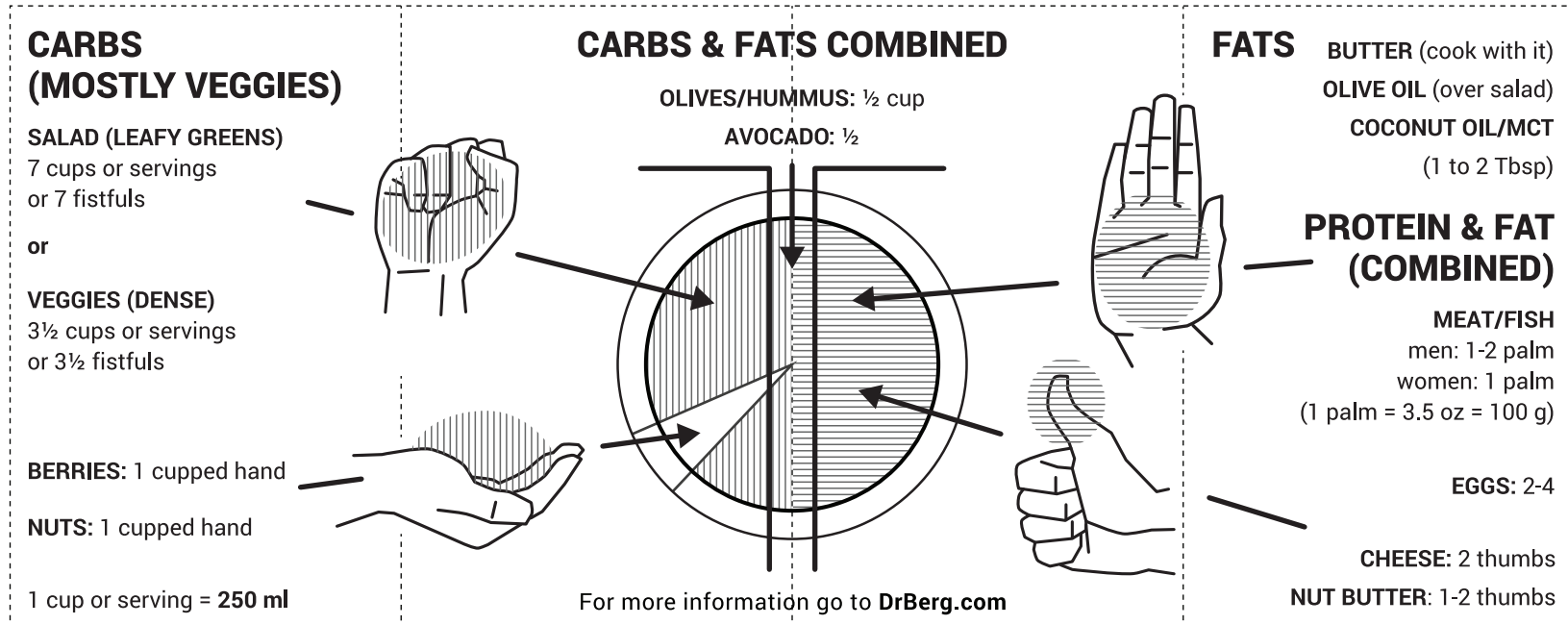


Dr. Berg

THE KNOWLEDGE DOC™

# VISUALIZE YOUR PLATE INSTEAD OF COUNTING CALORIES

by Dr. Eric Berg, DC



Cut out and insert in your wallet

